

Life Divine & Mother's Consciousness

February 21, 2011

Introduction

1. Mother's Birthday

- Why do we celebrate Mother's birthday?
- Birthday is an opportunity for the soul to be reborn
- An entire lifetime of progress can be made every year and the birthday is the time when the soul is most receptive to make the greatest progress.
- Mother once said on her birthday, "Today is everyone's birthday."
- For devotees, the Grace of Her birthday creates the opportunity to fulfill the highest aspiration of one's lifetime.
- **S2: Mother on Her Birthday 21 Feb 1958**
- "To celebrate the birth of a transitory body can satisfy some faithful feelings.
- To celebrate the manifestation of the eternal Consciousness can be done at every moment of the universal history.
- But to celebrate the advent of a new world, the supramental world, is a marvelous and exceptional privilege."
- For earth, Mother's birthday is an opportunity to make a century or more of progress in a single year.
- Sri Aurobindo describes the path and the process in *The Life Divine*

2. Sri Aurobindo and Mother came to earth together at the same time to do a work

- Their Consciousness is One
- He is the Lord, Ishwara. His personality radiates Silence and Peace that transcend all manifestation.
- She is the Divine Shakti. She has many personalities representing the powers of the Godhead -- knowledge, will, power, love, bliss and perfection.
- **S3: Their Work**
- They came for is to transform life on earth to Life Divine

- “To bring God down to the world on earth we came, To change the earthly life to life divine.”
 - *Life Divine* presents his message in words
 - Their lives and work are the actual translation of that message into action – “Sri Aurobindo’s Action”
 - **S4: No Words, Acts.**
- They came not to speak about transformation, but to make it a reality.

3. Power of Prediction

- Astrology has an amazing power of prediction
- Astrologer forecast Rajaji would become Viceroy at a time no Indian could be a Collector.
 - Life Divine has an even more remarkable power of prediction
- Life Divine is the horoscope of the universe.
- Sri Aurobindo says the Divine Life is inevitable.
- It is like telling the arboreal ape he will one day read, write, sail the oceans and fly in the heavens.
 - **S5: Mission**
- “The manifestation of the Supramental upon earth is nor more a promise, but a living fact, a reality.” 24 April 1956
 - **S6:Message**
- “Sri Aurobindo’s message is an immortal sunlight radiating over the future.” 15 Aug 1972

4. Prakriti vs Shakti

- What is the difference between the power of prediction of astrology and that of Sri Aurobindo?
- Astrology is based on the action of Nature, Prakriti,
- Nature builds slowly but surely
- She is never in a hurry
- She works in the plane of Time
- Prakriti acts by the law of karma
- Mother’s Consciousness is the action of Shakti
- She acts by the law of Grace.
- Nature is the Divine Mother in disguise

- Mother is Supernature, Supramental Nature
- Her law is Grace
- Mother wants to realize everything NOW
- Mother works in the plane of simultaneous instantaneousness

5. Spiritual Evolution

- Tradition tells us that the Spirit is static and immutable Being
- World is ever changing Becoming
- Sri Aurobindo tells us that Spirit itself is evolving
- Purusha is evolving into Ishwara
- Prakriti is evolving into Shakti
- When Prakriti becomes Shakti, Nature becomes Supramental Nature

6. Hour of God

Birthday for the universe

- He and She brought the Hour of God which is the birthday of the entire universe
- What can normally be accomplished over centuries or millennium can now be accomplished in a few years by the law of Grace
- That is what they means by the Supramental Manifestation
- Its goal is Divine Life
- **S7: Mother on 24 April 1956**
- “The manifestation of the Supramental upon earth is nor more a promise, but a living fact, a reality”.
 - Hour of God for devotees
- Mother’s birthday is the Hour of God for those who love Her and have faith in Her
- Her Grace makes it possible for devotees to achieve now, at least in this coming year, what would normally take several lifetimes to accomplish.

7. Yogic Life

- Appa offers every devotee the human equivalent of that ultimate supramental realization
- He calls it yogic life
- The process for both is the same for Divine Life and Yogic Life.
- It is the process of creation revealed in *Life Divine*.

- The Mother is the power that acts in both
- Divine Life will fulfill the very highest and earliest of human **aspirations**, the aspiration to transform earthly mortal human life into a life divine on earth.
- Yogic Life raises the life of the devotee to the highest level we aspire for,

8. Aspiration

- **S8: Aspiration & Grace** are the keys in both cases
- “There are two powers that alone can effect in their conjunction the great and difficult thing which is the aim of our endeavor, a fixed and unflinching aspiration that calls from below and a supreme Grace from above that answers.” (The Mother)
 - Mother’s Consciousness provides the Grace, and does so most intensely on Her birthday.
 - Our aspiration provides the receptivity.

Chapter 1: Aspiration

9. All Accomplishment depends on aspiration

- Man’s earliest aspiration
- In Chapter I, Sri Aurobindo tells us that Man’s highest aspiration has always been for Truth, Perfection, unmixed Bliss, and Immortality
- That is to bring Divine Life on earth
- **S9: Earliest formula**

“The earliest formula of Wisdom promises to be its last, -- God, Light, Freedom, Immortality

 - That is Supramental Transformation for which They came
 - For devotees it means Yogic Life, Mother’s Life

10. What do you aspire for?

- Aspire for the highest
- The greater the aspiration, the higher your achievement
- What do you aspire for your career achievement, prosperity?
- What do you aspire for your family and friends?
- If you are 23 and unmarried with only 50 L dowry like Jane, **aspire to marry a very good man** and Mother will find you a Bingley

- If you have rejected a suitor offering money, status and security because you could not respect and love him as Elizabeth did, aspire **to marry a man of genuine Truth and goodness** and Mother will bring you a good man who loves you deeply. Pemberley will be just one of the wedding gifts.
 - Do you aspire for a life filled with harmony and joy?
 - Best aspiration
- Aspire for excellent human qualities, not social status
- Aspire for values, not things
- Aspire to be a better person
- If you want happiness, aspire for everyone around you to be happy
- If you want a good man, aspire to be goodness personified
- Aspire for Mother not anything else – all else will come to you
- Aspire to walk on Mother's sunlit path with Her at your side the way Krishna walked with Mother on the veranda?
 - Mother's Grace will fulfill your highest aspirations, provided you are willing to fulfill Her conditions.

11. Do you face contradictions to your goal in life?

- Do you now face difficulties that are the very opposite of the highest aspirations you want to achieve?
 - If so, know that those difficulties are really opportunities.
 - They provide the essential conditions needed for your progress.
 - The greater the contradictions to your goal, the greater the sanction for your achievement.
 - In Chapter I he tells us the contradictions are complements.
 - Contradictions are Nature's Profoundest Method
 - Nature is in no hurry to overcome the contradictions, but Mother is.
 - Mother converts a lifetime of difficulties into opportunities for immediate progress and instantaneous achievement NOW!
 - There is no better time than Her birthday do make that progress.

S10: Harmony

- All problems of life are problems of Harmony
- Harmony is the solution to all problems

- Mother-in-law ending quarrel with daughter-in-law – Sri Lanka war ends
- Harmony is not what we do and say outside, but what we feel inside.
- The key to harmony is to move away from our ego.

12. Change of view

- Nature presents contradictions, Mother reconciles and transmutes them
- It requires a change of view

13. Aspiration & Expectation

- Why aren't all our aspirations always immediately fulfilled?
- For one thing, we confuse aspiration and expectation, ardent willing and wishful thinking
- Jane, Eliza, Darcy

14. Aspiration requires Patience

- Combine Intense Aspiration with Infinite Patience -- SOY

15. Our Achievement is Inevitable

- He tells us that fulfillment of our Highest Aspiration as Achievement is Inevitable
- It is God's intention and man is secretly God
- For humanity, it means Divine Life here on earth in a physical body is inevitable.
- For devotees with faith in Mother, it means elimination of all problems and the fulfillment of your highest aspiration in this life time, this year, and even right now in this moment

16. Process

- For that we need to know the process of Creation
- He reveals the process in Life Divine

Chapter II: Materialist Denial

17. Spirit & Matter

- In order to achieve a Divine Life on earth we must reconcile the ultimate contradictions

- Spirit & Matter are the ultimate contradictions – complete opposites
- Matter is inert, inconscient, insensible form of energy
- Spirit is intangible, invisible pure conscious existence without form

18. Contradictions in India

- Till 1947 India as impoverished, illiterate colony vs India as guru of the world
- No roads, no schools, no phones, no cars, no hospitals, no food—no confidence, no self-respect
- Sri Aurobindo awakened India's aspiration for freedom
- Appa has awakened its aspiration for prosperity – Ramapuram 1965 – Green Revolution -- now rural areas are thriving, overflowing with money, land values have risen 1000x.
- Where did all the prosperity comes from? – it was hidden secret all the time – waiting to awake.
- Like that, Spirit lies hidden in Matter and is waiting to emerge

19. Matter is Divine

- Matter is finite appearance – frontal aspect – body of God
- Matter is Divine
- Matter is the field of God's manifestation – the temple
- Matter is a concealed form of Sachchidananda
- God sleeps in Matter and Nature is gradually awaking Him
- Mother comes to hasten that awakening – Savitri canto 1

20. We have to accept Matter and material life

- We have to face the facts of material life – they are real
- They reveal hidden spiritual truths
- Problems and contradictions in life bring concealed opportunities – for our progress.
- Life presents the essential conditions and gives the essential knowledge to fulfill our highest human and spiritual aspirations.

21. Cosmic Consciousness

- Matter and Spirit are reconciled in the cosmic consciousness
- There we discover both are only different forms of one Energy triply formulated

- All energy is in its origin and essence from the Divine
- Cosmic Consciousness takes us out of the narrow boundaries of the ego and makes us universal.

22. Truth of Material Life

- Sri Aurobindo tells us that that we need not give up material accomplishment and prosperity to seek spiritual fulfillment
- Rather our aim should be Spiritual Opulence in Life
- Life is full of falsehood, egoism, selfishness, quarrels, competition, deceit.
- Is it possible for my life to become full of Prosperity, Light, Harmony, Joy?
- How to make it Yogic Life?

23. Abundant Accomplishment

- We can achieve it when our life becomes universal – when we live for others and no longer only for our own selfish egoistic fulfillment.
- He tells us to seek spiritual values in life
- Then material security and social achievement will come by themselves.
- Generosity, service, goodwill and self-giving are ways we can transcend our narrow limits
- Are you willing to be
 - Utterly truthful in work and feeling?
 - Have goodwill for everyone around you?
 - Aspire for the success and fulfillment of others?
 - Give generously of yourself for their achievement and feel happy when they outshine you?
- Rs 100 crores is the minimum possibility for every devotee.
- To Appa it is a plain obvious fact
- Change you view and you will see it in your own life

Chap III: Ascetic Refusal

24. We must also accept the truths of Spirit

- Matter is not the ultimate reality

- Material life alone cannot bring our fulfillment
- Material things provide the minimum
- › Eliza could never be happy as Mrs. Collins
- › She believes in and seeks something higher
- › Do you?
- › Darcy found love when Eliza rejected his status and money

25. Spirit is the ultimate reality

- Spirit is Infinite
- Matter is finite and limited, dark, inconscient
- How to reconcile them?
- Spirit is the Soul of matter
- In Transcendent Consciousness, Matter and Spirit both reveal as expressions of Brahman
- Brahman is ineffable, indefinable, beyond all limits
- Brahman is the Absolute, luminous transcendent Reality

26. Uniting the Subconscious & Superconscious

- Spirit and Matter are harmonized when the Subconscious and Superconscious unite in the subliminal (universal)
- Humanity is the field for that meeting
- Mother's Consciousness unites the Subconscious and the Superconscious converting them into the Conscient
- That converts human life into Supramental Divine Life

27. Yogic Life

- Mother is the Supramental Shakti, Divine Mother who descended into a human body to transform life.
- She remains ever present and near in the subtle physical waiting for your call.
- Mother's Consciousness descends into human life to transform it into Yogic Life
- She brings out the Psychic to express in the life of the ego and transform it.
- Invoke Her Presence in your life, **Believe in Infinite possibility**

- Faith, Sincerity, Truthfulness, Harmony, and Goodness are the ultimate Power

S11: Faith, Sincerity, Surrender

- “To walk through life armoured against all fear, peril and disaster, only two things are needed, two that go always together – the Grace of the Divine Mother and on your side an inner state made up of faith, sincerity and surrender.” (The Mother, Chapter 3)
- What you are (Being) is more important than what you do or say (Becoming?)
- **Surrender: Thy Will be done, not my will.**

Chap IV: Omnipresent Reality (6:15 pm)

28. Comprehensive Conception of the Divine

- Absolute is Unknowable
- It is beyond all description – Ineffable, inexpressible
- The Divine is not merely an aloof Spiritual Being or existence beyond the Universe
- One and Many are both real
- The universe is also Divine
- The individual, the universal and the transcendent are three aspects of the Divine Oneness
- The finite is the frontal appearance of the Infinite
- Matter & Spirit are both expressions of the Absolute
- All is Brahman
- Sri Aurobindo and Mother are One
- Lord and his Shakti are One reality

29. Mother is the Infinite, unknowable

- All our conceptions of Her are limits
- All definition and conception is a limitation of Her Infinity
- Mother is the Unknowable Brahman’s power to manifest in the universe
- She is the Conscious Force of Brahman that creates Sachchidananda
- She has 4 great powers and personalities but also many more

- She is at once Transcendent, universal, individual and personal
- She is both material prosperity, psychological fulfillment and spiritual realization

30. Mother's Consciousness

- Mother is the meeting point of Matter and Spirit, Life and Divine Life
- Mother's Consciousness is the force that builds the worlds and effects the evolution.
- She reconciles and transmutes
- Brahman includes the force that builds the worlds.
- Mother is the active Consciousness Force of Brahman working for the evolution.
- She is the Supramental Shakti
- Shakti, not, Karma is the determining force in the universe
- Nature is Her outward appearance or guise

31. Spiritual Evolution

- Sri Aurobindo is the first to reveal what the tradition missed
- Not only the world is evolving to spirit. The evolving aspect of the Spirit is also evolving
- In the tradition Ishwara disappears in the pralaya. That is the overmental Ishwara
- Now it is the Supramental Iswara that is emerging
- God is evolving from Purusha-Prakriti to Iswara-Shakti
- Prakriti evolves in Matter to reveal Life and Mind
- Shakti transforms Nature into Supernature, Life into Life Divine
- Shakti transforms and transmutes Matter to reveal Spirit
- Superconscient and Subconscient are united in the subliminal Psychic

32. Ours is not a choice of material life or spiritual life, but Yogic Life

- He says to fulfill God in Life is our manhood, destiny
- Do not abandon the lower life. Transfigure and divinize it.
- For devotees, it means to discover the SPIRIT IN LIFE

Chap V: Destiny of the Individual

33. Ideal of an Integral Manifestation

- Three forms of consciousness – individual, universal, transcendent have to be united and integrated
- Integral view of the Unity of Brahman – all three are one
- God is not bound by unity or its multiplicity -- always free

34. Universal

- The universal, the world is Brahman
- It is one expression of the Infinite
- It seeks to express the Divine all by infinite extension in space and time
- Infinite prosperity – spiritual opulence -- is one expression of its infinity.

35. Individual

- Tradition says the individual soul is only temporary phenomenon
- Tradition says that in moksha the soul disappears back into Brahman
- He says the Individual is real and Eternal
- Our destiny is not to dissolve back into the oneness
- Our destiny is to manifest Infinite in terms of the finite
- Our soul evolves into the Psychic Being
- The Psychic Being becomes the Supramental Being in the physical

36. Individual and the Universal

- What is our relationship with the world around us?
- We feel limited and separate from everything and everyone around us.
- Our basic problem is limitation of the I in the ego
- We live only for ourselves and see others as different, separate or against us.

37. Universalizing

- Become integral and all-embracing like Brahman
- Our unity with Transcendent is incomplete without unity with universal

S12: Avidya & Vidya

- Through Avidya, multiplicity lies our path out of egoistic life
- Avidya is ignorance of the truth of the multiplicity, not illusion
- Through Vidya (unity) we enjoy perfect oneness in life

Chap VI. Man and the Universe

S13: What is the meaning of the universe?

- Progressive revelation of a luminous transcendent reality
- Neither a meaningless illusion nor blind chance
- Man is not a helpless spectator in a meaningless world
- The world has a purpose and man is the key actor in the story
- The truth of existence is Sachchidananda
- Unknowable knows itself as Sachchidananda

S14: Significance of the individual?

- “An existence wholly self-aware and master of itself realizes itself in form, unfolds itself in the Individual.”

S15: Universal & Individual?

- “The universal and the individual are the two essential appearances into which the Unknowable descends
- God having entirely become Nature, Nature seeks to become progressively God”
- Mother is not merely above. She is here in Life.
- For the devotee, **She IS Life.**

38. What is the real purpose of the Individual?

- Our purpose is to rise above, transcend, ourselves
- We become ourselves by becoming ourselves
- We know ourselves by becoming ourselves
- We become SCA in mind, life and body
- Our self-discovery is a progressive unveiling

39. What do we mean by Individuality?

- Mind is not our true individuality
- Ego is not

- The Psychic is the true center of individuality in us

40. What is Life?

- Individual and universal are necessary for each other
- The individual and the universal are two aspects of a single reality
- Unknowable (Infinite) comes to us as Life
- Universe comes to us as Life
- Mother brings the Infinite to us in Life in order to make our lives Infinite
- We have to discover infinity in life – discover that Infinity is a practical reality

41. Unknowable comes as Values

- Unknowable comes to us as values and withdraws
- That is the truth behind inner-outer correspondence between our values and the values that come to us from life
- When we are entirely Truthful, Good, Harmonious, those same values will come to us from outside,

42. Double negation of Non-Being ASAT

- Above we find an unknowable Infinite
- Below in life we meet an unfathomable Inconscient – origin of death, incapacity, suffering.
- They are the very opposites of the Divine Life we seek – immortality, freedom from all limitation, unmixed bliss
- How can we reconcile these opposites?

43. What if they are not really in essence contraries?

- Good, truth, delight and their opposites death, limitation, falsehood and suffering are both forms of Sachchidananda and essential for our progress.
 - Both are actually Brahman
 - They are not a punishment but the conditions for our achievement
 - Everything that happens to us comes for our progress
- Even Evil – Wickham aids our progress

Chap VII. Ego & Dualities

44. False view

- The dualities are the result of a false view, wrong relation, a distorting consciousness founded on ego
- We are out of harmony – therefore subject to these contradictions

45. The soul in Nature

- Adam and Eve -- Soul tempted by Nature – has eaten the fruit of a divided consciousness – the ego
- It is ego that creates the dualities

S16: Redemption

- “Redemption comes by the recovery of the universal in the individual and the spiritual term in the physical.”
- Universalize and Transcend
- We have to move from the ego to the Psychic
- We have to call down the Supramental to transform our earthly Nature

46. Dualities are not inevitable

- Negatives are only relative, not absolute
- He calls them shadow opposites
- Shadow is only the absence of light
- Falsehood is only a distortion of Truth
- We can experience life free of dualities
- Death is only a change in immortal Life
- Pain a backwash of the waters of universal delight
- Limitation a turning of the Infinite upon itself
- Evil a circling of the good around its own perfection

47. Yogic Life means a life where

- Every problem becomes an opportunity (Lydia’s elopement)
- Destructive disharmony is transformed into expansive harmony
- Limitation becomes non-stop growth and progress

S17: Sunlit Path

“If you always smile at life, Life will always smile at you.

48. Overcome Ego

- Ego is not the real individual
- World does not dissolve when ego dissolves
- Our goal is to replace false view of ego with true view of Psychic
- Non-reaction – WAAS
- Non-reliance, detachment – visa officer
- Non-initiative
- Equality
- Harmony

S18: Become Conscious of the Whole World: Universalize

- “When you are conscious of the whole world at the same time, then you can become conscious of the Divine.” New Years 1973

49. How to universalize our consciousness?

- Expand oneself
- Identify with others as Darcy did
- Take Consciousness Responsibility
- Think of Mother always

S19: Divine Presence

- “The more we advance on the way, the more the need of the Divine Presence becomes imperative and indispensable.” 21 Feb 1973
- Live for Her
- Surrender to Her – Thy Will Be Done

50. How to transcend oneself?

- Brahman as Absolute Truth
- Reality is Truth
- What we get by falsehood is Maya
- The Transcendent is Truth, Goodness, Love and all spiritual values
- Raise one’s values to Spirit
- Mother is Maheshwari – knowledge, wisdom, Truth

- And Mahakali – power of Truth, mighty Truth, irresistible Force of Truth

S19: Truth

- “Let the light of Truth be born upon earth from today and for ever. 21 Feb 1953
- “Take Truth for your force, take Truth for your refuge.” 28 Apr 1958
- :The Truth is in us, we have only to become aware of it.” 17 May 1954
- Salute to the advent of Truth. 1965
- Cling to Truth
- Men, countries, continents!
The choice is imperative:
Truth of the abyss. 1967
- “The best way to hasten the manifestation of the Divine Love is to collaborate for the triumph of the Truth.” 21 Feb 1968
- “Beyond man’s consciousness
Beyond speech
O Thou, Supreme Consciousness, Unique Reality, Divine Truth
- “Truth alone can give to the world the power of receiving and manifesting the Divine Love.” 29 Feb 1968
- **Thy Will, not mine (truth of ego)**

51. Divine Life is a life of Delight

- If mankind only knew the that were waiting for him..
- “This wonderful world of delight waiting at our gates for our call, to come down upon earth.” 1961
- **S21: Mother’s Consciousness is Sweetness**
- nectar – in material life, in the body
- Her look, her smile, awoke celestial sense, Even in earth stuff, and their intense delight, Poured a supernal beauty on men’s lives.

52. Divine Love

- **S22: Mother is Mahalakshmi**

“A deep of compassion, a hushed sanctuary, Her inward help unbarred a gate in heaven, Love in her was wider than the universe, The whole world could take refuge in her single heart.”

53. S23: Cosmic Love which is Bliss – ocean of Love -- April 13, 1962

“The Supreme Love was manifesting through big pulsations, and each pulsation was bringing the world further in its manifestation. It was the formidable pulsations of the eternal, stupendous Love, only Love: each pulsation of the Love was carrying the universe further in its manifestation. ...Only Love, and Love, and Love, and Love – immense, formidable, stupendous, carrying everything.

I was at the Origin – I WAS the Origin. For more than two hours, consciously, here on this bed, I was the Origin. And it was like gusts – like great gusts ending in explosions. And each one of these gusts was a span of the universe. There was only the truth of the universe, with those great gusts of color – they were colored – great gusts colored with something that is the essence of color.

It was stupendous.

54. Mother is Here

- Mother is Here, not far, aloof
- Mother is the Individual embodiment of the Transcendent and Universal Divine Mother – the one Divine Force which acts in the universe and in the individual and beyond the universe.
- Prakriti is the Cosmic Power that maintains the law of the cosmos. Mother is the Transcendent power above the universal whose action is Transcendent Grace.
- She comes to bring down the Supramental and it is the descent which makes her full manifestation here possible.
- Supramental Force descended in 1956

55. Mother is an Institution

- Mother has organized it as an institution for spiritual evolution
 - Mother can give any result
 - Like money, Her Force can be used to accomplish any result, converted into any currency.
- Bananas
 - Rain
 - Peace in Sri Lanka
 - Prosperity for India
 - Unity to the world

- For any result, in any place in any field at any time
- Knowing Mother is the difference between having a computer vs. being connected to the Internet
- Mother is like an ATM – She gives everything -- so long as you know the pin number – which is Her name.
- Unlike our ATM, Her your account is RBI

56. The Mother is the goal...

- Calling Mother is the only mantra
- Wanting Mother is the only aspiration – finding Her, all is found. Achieving Her, all is achieved. Giving yourself to Her, all is given.

S24: Consecration

- “A life consecrated to union with the Divine is the only life worth living.” 21 Feb 1971
- Consecrating our thoughts, feelings and acts to Mother makes earthly life into yogic life
- “There is no greater joy that a consecrated living.”