

Speech Notes for Chapter 19 Life

1. Divine Life

- A. Previous chapters explain the four aspects of the upper hemisphere
- B. Existence, Consciousness, Bliss, Supermind are creations of Divine Maya
- C. They seem unrelated to our lives
- D. The divine life he describes in Divine Soul seems to be ethereal, disembodied and unrelated to our lives on earth.
- E. But the Divine Life he envisions is a life on earth in the body

2. Lower Hemisphere – **slide 2**

- A. Mind, Life and Matter belong to lower Maya.

3. Supermind is the Creator – **slide 3**

- A. Supermind is the creator of the cosmos
- B. Supermind creates Mind, Life and Matter
- C. Supermind is the real creative agency of universal Existence.
- D. Supramental Truth is the ultimate determinate of all that happens in the world
- E. An involved Supermind governs the universe
- F. Supermind directs material Nature & subconscious will

4. Mind

- A. Chap 18: Mind is an subsidiary power of Supermind
- B. Mind is final operation of Supermind – **slide 4**
- C. Wherever Mind is, Supermind must be
- D. Knowledge becomes Ignorance by exclusive concentration losing contact with the origin
 - Jane Austen identifies herself exclusively with the character of Elizabeth Bennet
 - She forgets she is an actor playing a role determined by herself as director according to the script she herself as written as author.
- E. Mind, Life & Body evolve from Matter because they are involved in it

- F. Supermind too is involved and must evolve
- G. Supermind compels the working of the world to adhere to Law, order, right relation
- H. Otherwise it would hurtle into chance & chaos

5. Mind Individualizes – **slide 5**

- A. Supermind is cosmic Conscious Force of Oneness
- B. Division is needed to create substance which is the basis of form.
- C. Mind divides the universal consciousness to create individualized centers of consciousness
- D. Individualization is essential for manifestation of Infinity – for an Infinite Play

6. Subconscious Mind in Nature – **slide 6**

- A. This is not the way it normally appears to our mentality
- B. We view mind as a perceptive organ for sensing and knowing
- C. World is the creation of a subconscious Mind or Intelligence manifesting Force as its driving power
 - This mind is responsible for its own emergence in forms of life (plants) and mind (animals and humanity)

7. All Force is Conscious – **slide 7**

- A. The force that creates the world is a Conscious Force
- B. All force in the world is conscious will
- C. Will in us is half conscious
- D. Will in life is subconscious
- E. Will in Matter is inconscient

8. Material Force – **slide 8**

- A. Material force is a subconscious operation of Will
- B. The material Energy doing works of Intelligence subconsciously is the same Power that attains status of Mind and Life.
- C. Material energy contains the undelivered powers of Mind and Life, without their characteristic organization.

9. Triply formulated energy –slide 9

- A. Material force, Life energy and Mental are three stages of a continuum
- B. They are three forms of the same thing
- C. That is why our thoughts, feelings and bodies can interact with one another.
 - When I think of something I fear, my nerves burn, my body shrinks

10. What is Life?– slide10

- A. Tradition says it is evil, delusion of maya, insanity
 - Or is Life some divine principles, power of Delight of eternal being?
- B. As Mind is in its origin Supermind, Life has its origin in Chit
- C. Life is the expression of the Conscious Cosmic Force
- D. Life is the result of consciousness descending.

11. In Life, Consciousness & Will are separate –slide 11

- A. Life appears to us to be unconscious because consciousness and force are separated in it
- B. Life is conscious force in which the consciousness is involved in its action and has become subconscious
- C. We see the force of the cyclone and ocean, not the consciousness
- D. No matter what the appearance, Life is always Conscious
- E. Earthquake, drought, floods respond to human attitude

12. Life acts according to an inferior Truth-- –slide 12

- A. Life does not act through the supreme order and harmony of Supermind
- B. Life acts through dividing Mind and separative oppositions
- C. Life expresses Real-idea through division and opposition
 - Capitalistic competition
 - Party factions in democracy
 - Male and Female – give rise to offspring and family
 - Competition between

- Mr. & Mrs Bennet
- Wickham & Darcy
- Caroline & Elizabeth

D. Still, the Law and Truth in the world are a working out of that which is contained in and expresses self-being and self-law

- We see Wickham's attack on Darcy and Lydia's elopement express a higher truth to achieve a higher purpose.

E. Life acts according to inferior Truth based on divided representation

- Can we accept the circumstances of our lives as this truth?

13. Life is a constant act or play of force –slide

A. An all-pervading Life or dynamic energy creates all forms of the physical universe

B. Life is imperishable and eternal

C. Life will exist even if universe is abolished

14. Life is the Force that builds, maintains and destroys forms in the world

A. Life creates material forms

B. Life energizes them by constant stream of stimulation

C. Life maintains them by an unceasing process of disintegration and renewal of their substance

15. All existence here is a Universal Life

A. Earth, minerals, elements, atoms

B. Plant

C. Animals & human beings

16. Response to Stimuli is Infallible sign of Life

A. Sensation – whether mental or not – is form of consciousness

B. Plant has a vital physical organization of conscious force hidden in the form of being

C. In animals and man

- Call the dog and it comes
- Turn on the light, birds stop chirping

- Bingley calls Darcy stupid, Darcy calls Eliza tolerable, Elizabeth laughs

D. Plants responds to nervous stimuli from the environment

- Bose
 - Plants respond to electrical stimuli
 - They give similar responses to cold, alcohol, anaesthesia, physical blows, fatigue, depression
- T.C. Singh – Annamalai University – music
 - Classical music makes plants grow twice the normal speed
- Pushkin and Fetisov, 2 Russian psychologists, showed that plants can detect lies
- Cleve Backster – plant responds to the thought of burning it
- Marcel Vogel showed that plants respond to strong human emotions
- Mother & Flowers – “pick me”

E. In the plant the Force has not yet fully awakened from the sleep of matter

F. Metals respond to stimuli – heat, chemicals, electrical

- He affirms it in metals as well as plants
- Bose
 - Metals respond to stimuli – heat, chemicals, electrical
- If life exists in metal, it must be admitted in the elements in the earth
- This is only an outward sign of life like breathing and locomotion
- HMP garbage calling
- Theon could call lightning

17. Life in plants has same powers as in animals

- A. birth, growth and death
- B. propagation of seed, death by decay or violence or disease
- C. dependence on heat and light
- D. productiveness and sterility
- E. sleep and waking
- F. energy and depression of life dynamism
- G. passage from infancy to maturity and age

18. Life is everywhere

- A. Unvarying principle applies to all planes

- B. No essential break between elements and atoms, metal and earth, plant, animal, man
- C. Each step holds within it that which follows

19. Life can persist even without response

- A. Sleep
- B. Death
- C. Catalepsy
- D. Trance

20. Play of Life

- A. Life is the dynamic play of a universal Force
- B. Life play manifests as interchange
- C. Stimulation and response between different forms
- D. Life keeps up a constant dynamic pulsation
 - Attraction and repulsion
 - Conquest and absorption
- E. We recognize this play only where the organization is sufficient for us to perceive its outward movements

21. Life as the bridge between mind and matter

- A. Life is Intermediate Stage between Matter & Mind
- B. Life is a scale of universal Energy managing the transition from inconscience to consciousness
- C. Life is delivered by emergence of Mind into full possibilities of its dynamis.

22. Life is Involved in Matter

- A. Evolution of Life in matter presupposes an involution
- B. A pressure from some plane of Life assists its emergence here
- C. Life liberates as sensation and reaction the creative force working subconsciously, absorbed in Matter
- D. Plants carry within them higher vibrations involved
 - **Mother's spiritual significance of flowers**

- Healing herbs
- Blessing packets

23. Material objects respond

A. Cleanliness

- One day, a lady who lost all her important certificates decided that she would clean her house. She found all the certificates that had been missing for a year.
- A lady had been praying for rain for some months, and reading Appa's book on rain for ten days. Then one day, she decided to clean her water tank. She cleaned it in the morning, and that night it rained like never before, and the water level in her well rose by ten feet.

B. Attention

- Tom's wallet
- Ranjani's cell phone
- Watch
 - Devotee who gave attention to his watch received 4 new watches

A person was used to leaving his watch anywhere in the house, according to his convenience. Sometimes it would be left in the bathroom, sometimes where it could easily fall down and break. And it did fall more than once. After one such trip to the repair shop, he decided he would keep it on a particular shelf every time he took it off. In a short time, he was gifted four new watches, and where there was one watch, he now has five.

- Keys

A lady lost her bank locker keys. At the bank, she was informed that if she paid Rs.3500, they could break open the locker for her. She decided against it because she believed that Mother would give her back her keys. She prayed for two years, and even moved her house once during that period. At the end of two years, she found a box full of keys, and in that was her locker key.

The next day, another lady who heard this experience found her house key that had been missing for one year.

C. Maximum Utilization

- Cement
- Power cut

D. Objects carry the consciousness of their owners

- Food acquires consciousness of the cook
- Sastri's book
- Famous gemstones carry karma of the past

24. Consciousness of Water

A. Devotee gets water

- Moved into new flat – in 300 house complex
- Cleaned it

- Had water supply all day
- Neighbors wonders how she got water

25. Physical Nature Responds

A. Rain

B. Cyclone

C. Snake comes in response to fear

D. Theon could call lightning

E. Park a charbon sea wall

F. Devotee Hibiscus plants

- Hibiscus plants planted and watered daily were always plucked by others in her colony.
- She wanted flowers to offer to Mother.
- She was advised to stop wanting the flowers for herself, for the Mother photos in her house
- She took a selfless attitude.
- Shortly afterwards, a hundred hibiscus plants were planted around her colony, like a fence.
- Full of flowers
- Even after everyone plucked the flowers they needed, there were still some left in the bushes.

26. Health

A. Attention to body attracts illness

B. Illness is psychological in origin

- Psychological disturbances destabilize health -- 99%
 - Research on ulcers
- Disease is what we create

C. Harmony & Disharmony

- Animal lives in harmony
- Mother says illness results for disequilibrium – loss of harmony
- Disease is a disorder, disharmony and disorganization of the body – harmony can be restored from above
- Sri Aurobindo used to literally take away diseases – wave of the hand
- Disturbing vibration – effect nervous envelop of subtle physical

- When it is stable, harmonious strong protects
- Restoring CALM removes the disorder
- Accidents do not occur when mental, vital and physical are in equilibrium
 - Mother's body avoids Paris streetcar

D. Body response to our thoughts & feelings

- Disorders and tensions of modern mental life disorganize and disturb the body
- Life comes as conflict, strife
- When we know why it is coming we can rise above it
- Call Mother to replace it with spiritual peace, harmony, higher understanding

E. Body responds to suggestions

- Doubts and fear create and magnify disease
 - All disorders and diseases result of Doubt in the cells
 - Cure by calling in the Divine Presence
- Contagion -- Bob's back pain, mine, Jeff
- Placebo Effect
- Poison Ivy
- Mr. Wright

F. Body cures itself

- When body is given conditions it believes needed for cure,, it sets itself right.

G. Body responds to faith and aspiration

- It is always the patient's faith that gives medicine the power to cure
- "If people had an absolute faith in the healing power of Grace," they can avoid disease
- Heart patience drawing strength from religious faith 3x more likely to survive (US study)
- US survey
 - 85% of MDs surveyed said religion and spirituality have positive effect on health
 - 54% report intervention of higher spiritual power in cure
- Morris Goldman
- Devotees cured by Faith

H. Medical science

- No two illnesses are the same
- MDs create the disease

- **Medical science undermines the body's confidence – creates fear and anxiety**
- **MD creates disease – pay MD for health, not disease**

I. Disease can be cured by any method, no method

- **Jaundice curable in 36 hours**
- **Malaria**
- **Dhanasingh TB**

J. Body can be disease free by a mental attitude

27. Conclusion

A. Complete Act

B. Consecration with emotion never fails

- **Emotionalized intention has power for accomplishment**

C. We can become whatever we want to become

- **Will in us is the Conscious Force of the Supreme**