

Speech Outline of Chapter 23: The Double Soul in Man

1. Causality

- A. For millennium man has searched for the true law, meaning and purpose of existence.
- B. He has discovered many laws governing cause and effect -- causality
 - 1. Physical laws – science studies this – Laws of Motion, gravity, gases
 - 2. Laws of nature – energy and strength determine, survival of the fittest
 - Wickham’s handsome appearance has strength to attract
 - 3. Social laws – money and status prevail
 - People submit to Darcy’s money and Lady Catherine’s arrogance
 - 4. Psychological laws – we get what we aspire for
 - “Mistress of Pemberley”
 - 5. At a still deeper level, it is social evolution determines
 - Darcy accepts Wickham, Lydia and the Gardiners.
 - Lady Catherine accepts Eliza
 - 6. Laws of Life -- Dualities and karma are inescapable
- C. Each level is true in itself and determines action in its own plane, but is overruled by causality in the next higher plane.
- D. Everything serves the deeper intention of Nature
 - 1. Even karma and dualities serve spiritual evolution.
 - 2. Pain and misfortune become the goad for spiritual aspiration and progress.
- E. Life is like a river. People swim in all directions in the river, but all are carried forward by the current of social and spiritual evolution.

2. Ascent to Delight

- A. At the deepest level, evolution of consciousness – Divine seeks Delight
- B. World is a masked form of Sachchidananda
- C. Delight is the reason for creation
- D. This delight is the cause, motive and object of its activities
- E. Everything moves toward Delight
- F. Delight is the goal of our evolutionary adventure
- G. All life seeks the delight of existence in becoming
- H. Life is an energy of His conscious force

- I. The secret of all is a hidden delight inherent in all things
- J. Therefore it must inevitably seek and find omnipresent self-delight

3. **Four Statures of Life's emergence**

A. We have seen the life passes through four statures in its ascent to delight

B. First status -- Material

- 1. Dumb mechanical unconscious drive or force of will involved in the material existence – physical laws
- 2. Submerged consciousness concealed in its own action and forms of force
- 3. Not free, but possessed by the universal movement

C. Second status – Vital

- 1. Death, desire, incapacity – laws of the jungle
- 2. Emerging consciousness half apparent as power of life and process of growth, activity and decay of form
- 3. The animal seeks physical comfort and pleasure

D. Third status – Mental

- 1. Mind seeking association, cooperation, relationship,
- 2. The bud is Love – seeking to possess and be possessed – to give and receive
- 3. Conscious mind seeks knowledge, growth, mastery
- 4. The dream of romance

E. Fourth status – Supramental

- 1. We discover Sachchidananda in ourselves, in others, in Life and beyond
- 2. Unification of the possessor and possessed in divine unity of souls – foundation of the Supramental existence

4. **Fourfold Principle of creative of universe**

A. Existence – Consciousness – Force - Bliss

B. Supermind manifests and uses Mind

- 1. It is omnipresent in the material cosmos but veiled
- 2. Uses mind as for effectuation

C. Consciousness Force manifests and uses Life as its cosmic term

- 1. It too is omnipresent and veiled

D. Existence manifests as Material Substance

- 1. Divine all-existence is omnipresent in cosmos but veiled as Substance, Form of Being or Matter

E. Which is the principle in Nature that manifests Ananda?

F. Ananda manifests as the Psychic Principle

Ego Veils Sachchidananda

G. For us, Sachchidananda is veiled by ego

H. Ego masks Being by Death

I. Ego masks Consciousness by Inconscience

J. Ego masks Force by Incapacity

K. So too, it veils delight by its own opposite

L. Life cannot be satisfied until it attains this universal immanent and transcendent delight of Sachchidananda

5. Surface & Subliminal Parts of Being

A. Double Principle in Man

B. Two minds

1. Surface Mind of our expressed evolutionary ego in our emergence from Matter

2. Subliminal Mind

- larger, more powerful and luminous – true mental being behind
- Open to universal knowledge of cosmic Mind
- Receives and remembers all touches which surface mind ignores

C. Two lives

1. Outer life involved in the physical body, bound by its past evolution in Matter which lives, was born, will die

2. Subliminal life

- true vital being behind the form of living
- open to universal force of cosmic Life
- not confined within boundaries of our physical life and death

D. Two bodies

1. We imagine the physical body to be the whole body of our spirit

2. Subtle physical existence behind

- our real substance supporting the physical form
- provides the substance of our vital and mental sheaths

E. Double Psychic Entity

1. Surface desire soul – ego – works in our vital cravings, emotions, aesthetic faculty, mental seeking for power, knowledge, happiness
2. Subliminal psychic entity – true soul behind

6. **Subliminal Being**

- A. Our existence moves and has its totality between the surface, subconscious and superconscious
- B. Our surface existence is result of selective outer experience, imperfect or hasty translation
- C. External forms are of the ego.
- D. Thick wall divides surface from subliminal parts
- E. Subliminal is the luminous head of the subconscious is an instrument of experience, not true possessor of self-knowledge
- F. The subliminal of our larger, true individuality
- G. Subliminal parts are close to our universality – in constant relation with it

7. **Psychic Principle**

- A. Psychic (soul) is not the mind, life or body
 1. It holds in itself the essence of all these
- B. Imperishable, it endures from birth to birth, indestructible
 1. Untouched by death, decay or corruption
- C. True soul is subliminal
 1. Luminous inhabitant of the Ignorance
 2. A flame born out of the Divine
 3. A flame of the Godhead burning in the temple of the inmost heart veiled
 4. Psychic fire – consuming surface dross and impurity – Agni – Vedic hymn
 5. Human Aspiration
 6. It is inextinguishable even by dense unconsciousness
- D. Psychic is representative and deputy of the unborn Self or Atman (Jivatman)
 1. Self is always aware of its universality and transcendence (implying psychic may not be)
 2. Individual soul – caitya purusha
- E. The psychic personality develops from life to life
 1. From a spark to a flame to a being

- F. It grows till it is able to turn Ignorance to the Knowledge
- G. All experience is food for the growth of the psychic
 - 1. Psychic takes essence of all experience in the Ignorance for its growth and that of its instruments
 - 2. The psychic is determined to learn, does not shrink or try to avoid experience
 - 3. Repetition of experience shows we have something yet to learn from it
- H. It supports mind, life and body behind the mental, vital, subtle-physical being
 - 1. It supports the flowering of each into its own peculiar delight of light, love, joy, self, beauty
 - 2. At first it can exercise only limited, indirect action through mind, life and body
 - 3. These parts have to develop as its instruments of self-expression
- I. Surface ego does not seek progress
 - 1. If we lived only on the surface, we would not change or advance any more than the stone or plant, in which the secret soul has no way to emerge
 - 2. Left to itself, Desire soul would circle in same grooves forever.
- J. When true soul comes forward reflected on the surface, we say man has a soul
- K. Psychic personality flowers as the saint, sage, seer
- L. Its mission is to lead man toward light of Divine Consciousness
- M. It always points toward Truth, Right, Beauty, Good, Love & Harmony
- N. Infallible compass to show us the right direction
- O. How do know when something comes from the psychic?
 - 1. It never asserts or insists
 - 2. It is always calm, patient, equal, positive
- P. When it is weak or ill-developed, finer parts is us lack character and power
- Q. Once it reveals, it never retreats

We mistake the desire soul for the real psychic

- R. We take desires for soul's aspiration or God's will
 - 1. We mistakes impulses of desire soul for psychic inspiration
 - 2. Mother told me so
- S. You cannot judge the psychic by outer social endowments
- T. Mind, heart and body may still exhibit strong energy of forceful dominance
 - 1. Mrs. Bennet's energy
 - 2. Lady Catherine's imperious nature
 - 3. Wickham appearance

4. Lady Catherine social status
5. Caroline wealth or dress or education

U. Robber cannot be judged by accuracy of his accounts,

V. Society judges by external endowment and mistake it for greatness – Gatsby

W. Intelligence, beauty, skill are not measures of the psychic

X. PhD does not mean intelligence. American does not mean rich

8. **Psychic experiences the Cosmic Delight *rasa***

A. Subliminal soul in us – open to universal delight which cosmic soul takes

B. Subliminal Soul responds to the *rasa* or essence in experience which surface desire soul rejects by distaste, refusal, or ignores

C. It has equal delight in all contacts

1. in its own existence
2. in existence of other souls who represent it
3. in operations of mind, life and matter

D. It is also conscious of the values and standards of the surface desire soul

E. It receives the touches of surface but takes equal delight in all

F. It takes joy in all experiences, gathers knowledge and strength and grows by them

G. It compels surface to bear or find pleasure in what is painful, reject what is pleasant, to equalize things in joy

1. Darcy compels himself to accept Eliza's abuse as true
2. Eliza compels her vital to accept the truth in Darcy's letter

H. Psychic is always in Harmony

9. **Triple Misrepresentation of *Rasa***

A. Surface soul is shut from it by egoistic walls

1. What reaches the surface is dwarfed or masked as its opposite
2. It is not the real soul life
3. Surface sensations are a deformation and wrong reception of the touch of things

B. The desire-soul's wrong reception is the cause of a triple misinterpretation of *rasa*

C. Egoistic ignorance of mind of thought, emotion, sense responds to life by reachings, shrinkings, discontent, panic, angry recoil rather than a courageous wholehearted embrace

- D. It renders pure essential joy of things into pleasure, pain and indifference.
- E. Our surface being experiences life as pleasure, pain and indifference
- F. There is no essential validity to our responses of pleasure, pain and indifference
- G. We each respond differently to the same situation
1. The Bennet girls find Collins an intolerable bore. Mr. Bennet is amused and entertained by his oddities.
 2. After the elopement
 - Wickham is shameless when he returns to Longbourn
 - Lydia is proud
 - Mrs. Bennet is delighted
 - Elizabeth is ashamed
 - Mr. Bennet is angry
 3. Darcy and Caroline feel Bingley's marriage to Jane is a great fall. Bingley is not deterred by relatives in Cheapside.
 4. When we are late, some are disturbed, others very calm
 5. When the room is dirty
 6. Vegetarian vs. non-vegetarian
 7. Being in debt or borrowing money
- H. At different times, the same person responds differently
1. Darcy calls Eliza tolerable
 2. Then he admires her fine eyes
 3. Then he is passionately in love and cannot live without her
 4. Finally she is "Darling Elizabeth"
- I. It is ego that determines our response
1. Collins proposal is rejected – makes him angry
 2. Mrs. Bennet is furious when Eliza rejects her authority
 3. Lady Catherine is outraged when Eliza refuses to submit
 4. Eliza is in despair when Lydia elopes

Pain and pleasure are both forms of intense energy

- J. They are differently reproduced in the sensations and emotions
- K. Hate and Love are not opposite
1. One easily turns into the other – Eliza and Darcy
- L. Both represent great intensity
1. Aspiration is positive intensity

2. Ambition is negative intensity
- M. Pain is intensity beyond our capacity to quietly and calmly accept
 1. Red chili
- N. Our response is determined by the subjectivity of the receiving consciousness
 1. Eliza laughs when he calls her 'tolerable'
- O. Most pain is mentally anticipated shrinking (anxiety, tension, insecurity) –
 1. How can I pay next month's bill?
 2. Without the entail, what will happen to Mrs. B when Mr. B dies?
- P. Dualities can be heightened or depressed or effaced or turned into their opposite
 1. Mrs. Bennet reacts to Collins' visit then later revels in it and then again reacts
 2. Mr. Bennet is calm and detached throughout
- Q. Response to Indifference
 1. When we are not attentive – Collins' does not perceive Mr. Bennet's mockery
 2. When we refuse to react – Jane refuses to believe Caroline is insincere or Wickham is wicked
 3. At times of excitement, like wedding, war or competition, we ignore discomfort, pain and fatigue

10. Replacing egoistic response with delight

- A. Overcoming our egoistic response of dualities is the key to discovering the soul and delight
 1. Darcy gives an unegoistic response to Elizabeth's abuse
 2. Eliza rises from vital to mental, from personal reaction to mental understanding, when she reads Darcy's letter, thus converting self-righteous anger into self-awareness
- B. "Man's view decides God's act."
 1. Our response not only determines how we experience Life.
 2. It also determines how life responds
 3. When money runs out, one entrepreneur panics, another redoubles his effort and attracts new resources
 4. When husband loses everything, one wife abuses him, the other clings to him with support
 - Fanny Roberts supported and the debt was instantly paid off
 5. We are the determinate

Principle of Impersonality

- C. When the real soul comes to the surface, egoistic pleasure and pain can be replaced by personal-impersonal delight
 - 1. We not react with pain when we are disinterested, not thinking of ourselves or of self-defense
- D. Favorite episodes in P&P
 - 1. Eliza's clash with Lady Catherine
 - 2. Collins' proposal
 - 3. Hunsford proposal
 - 4. Shakespeare's tragedies are most famous
 - 5. Intellectuals are curious about everything
 - 6. God Lover finds his beloved everywhere
- E. Ego's Ignorance shrinks from impersonality
 - 1. Kitty feels pain when Lydia goes to Brighton because she is selfish
 - 2. Darcy's love of Eliza is pain to selfish Lady Catherine and jealous Caroline
 - 3. Lady Catherine's disappointment is personal – for England Eliza's wedding it a great evolutionary progress
- F. Impersonality is difficult in emotional or physical experience
 - 1. In the lower movements the desire soul is unable to find impersonality
 - 2. Same physical contact can be pleasant or painful to different individuals or under different conditions or different stages of one's development
 - Human caress – spider's touch
- G. Psychic delight in everything – power of Cheerfulness
 - 1. Rasa of Three Musketeers in battle

11. Suffering

- A. Suffering is always the effect of wrong thought in some direction.
- B. It is an indication that the individual is out of harmony with himself, with the law of his being.
- C. The sole and supreme use of suffering is to purify; to burn out all that is useless and impure.
- D. Suffering ceases for him who is pure.
- E. The capacity to suffer is the exact measure of the imperfection.
- F. Any suffering is a precious indication to us of our weak point, of the point, which demands a greater spiritual effort from us.
- G. Man is attracted to suffering

1. We love to feel victimized and complain to others of our difficulties
2. Hypochondriac loves to feel sorry and give himself attention

H. Suffering is not necessary to progress.

I. Do not cherish suffering and suffering will leave you altogether.

J. "Thought creates for itself its own suffering."

K. The greatest progress is made through a steady and cheerful equanimity.

12. **Truth and Falsehood**

A. All that tends towards Disharmony, Disorder and Inertia comes from the FALSEHOOD; and

B. All that favors Union, Harmony, Order and Consciousness comes from the TRUTH.

C. All that brings with or creates, Peace, Faith, Joy, Harmony, Wideness, Unity, and Ascending growth comes from the TRUTH;

D. While all that carries with it, Restlessness, Doubt, Skepticism, Sorrow, Discord, Selfish Narrowness, Inertia, Discouragement and Despair Comes straight from the FALSEHOOD.

E. AS WE THINK SO WE BECOME.

13. **Converting Problems into Opportunities**

A. Problems are the form intensity takes

B. Soul has come for progress

C. Man seeks satisfaction, comfort, superstition of superiority like Darcy

D. Comfort generates no intensity

E. Intensity always conceals an opportunity

F. Pressure comes from receipt of intensity through low consciousness

G. Raise the consciousness, problem becomes opportunity

14. **How to convert pain into rasa?**

A. Mental understanding

B. Extract the knowledge from experience

1. Darcy, Eliza and Mr. Bennet did

- C. See where the problem touches our ego
 - 1. Eliza sees her pride was hurt
- D. Reject the ego's point of view
 - 1. Ego binds together our experiences and relations
 - 2. Ego is our rock of safety against the cosmic and infinite
 - 3. Spiritually we have to forego this defense
 - 4. Ego has to vanish and dissolve into vast impersonality
- E. Reject all self-righteousness and self-justification
- F. Sincerely change the attitude
- G. Then Call Mother with Faith in Her Grace
- H. Pain turns into energy of aspiration
- I. Sincerity is the key
- J. Sincerity is the inner point which reconciles ourselves with others, with the world with Mother.

15. **Patience**

- A. Patience is the capacity to wait
- B. Patience is the capacity to understand
- C. Patience is understanding of the process in time
- D. Patience abridges time
- E. Patience – Equality – Silence of Infinity – Spirit -- Absolute

16. **Psychic Transformation** ²²⁷

- A. Psychic can come forward and replace desire-soul
- B. It can govern overtly and entirely
- C. This is the individual soul in Nature opening to hidden diviner ranges
- D. Then the surface parts can be turned toward real aim of life, supreme victory, ascent to spiritual existence
- E. Psychic can also withdraw from life, but that is not its mission
- F. Psychic being came into Nature from the Divine to lead it toward its divine realization

17. **Spiritual Transformation** ²²⁸⁻⁹

- A. Psychic transformation is an individual realization

- B. Spiritual transformation is needed to possess our self in universality and transcendence
- C. These are achievements of the Spiritual MIND in man
 1. Movements of mind passing beyond itself but in its own plane into splendors of Spirit
 2. Mind at all levels still acts by division
 3. Mind takes aspects of Eternal and treats each as the whole truth
- D. Mind creates opposites, affirms one and plunges into it exclusively as sole Truth of existence
 1. Silence of divine and divine Dynamis
 2. Immobile Brahman without qualities and mutable Brahman with qualities
 3. Divine Person and impersonal Existence
- E. Mind's spiritual path always follows these dividing lines

18. **Supramental Transformation**

- A. Supramental Truth Consciousness lies beyond the movement of spiritual Mind
- B. Supermind is the link between the higher and lower hemispheres of the One Existence
- C. The aim and consummation we conceive is an ascent to Supermind and its descent in our nature
- D. A supramental transformation completes and integralizes the psychic and spiritual transformation
- E. Supermind alone can establish perfect harmony between spirit status and world dynamism and other divided opposite terms of manifested Being
- F. Only descent of Supermind can establish in the outer as in the inner the harmony of the Spirit
- G. An intimacy that becomes an identity
- H. By the supramental Light and Force, psychic being can unite with the original Delight of existence from which it came
- I. It can overcome dualities and recast contacts of existence into terms of Divine Ananda

19. **Freshness is energy of freedom**

- A. Ego is part of mechanical habitual Nature
- B. Seeking comfort, satisfaction, self-importance are ego movements

1. Darcy's pride
 2. Elizabeth's attraction to Wickham
 3. Mr. Bennet's sarcasm
- C. Occupation and preoccupation are psychological superstition
1. Being busy is good
 2. More money makes me important
 3. Being respected and respectable
 4. Contacts with rich men are valuable (Collins)
 5. Lady Catherine's 'morality' says 5 girls out
 6. Indulging in gossip and scandal -- Wickham's lies
- D. Freshness is freedom from superstition
1. Eliza laughs when he calls her tolerable
- E. Feeling superior prevents freshness
1. Preserving one's prestige
 2. Darcy feels too important to dance
 3. Caroline looks down at Cheapside
- F. Freshness is the characteristic of the Psychic, the Soul
1. Jobs -- energy free from social conditioning
 2. Spontaneity
- G. Freshness is Expansiveness
- H. Consecration dissolves superstition
- I. Freshness is to act from the Psychic – not from conditioning of manners, behavior, character
- J. Cheerfulness
1. Appa laughed when BL was taken away

Power of Self determination

- K. Ego is subject to dualities
- L. Psychic has the power of self-determination
- M. You can become whatever you aspire to become

20. **Psychic Education**

- A. The mind is incapable of judging spiritual things. Abstain from all mental opinion and reaction.

- B. Give up all personal seeking for comfort, satisfaction, enjoyment or happiness. Be only a burning fire for progress. Take whatever comes to you as a help for progress and make at once the progress required.
- C. Try to take pleasure in all you do, but never do anything for the sake of pleasure.
- D. Never get excited, nervous or agitated. Remain perfectly quiet in the face of all circumstances. And yet be always awake to find out the progress you have still to make and lose no time in making it.
- E. Never take physical happenings at their face value. They are always a clumsy attempt to express something else, the true thing which escapes your superficial understanding.
- F. Never complain of the behaviour of anyone, unless you have the power to change in his nature what makes him act thus; and if you have the power, change him instead of complaining.
- G. Never forget the goal which you have set before you. There is nothing small or big in this enterprise of a great discovery; all things are equally important and can either hasten or delay its success. Thus consecrate
 1. Before you eat, concentrate that the food you give your body the health and energy it needs for progress.
 2. Before you sleep, aspire sleep may restore your fatigued nerves, bring to your brain calmness and quietness, that on waking up you may, with renewed vigour, begin again your journey on the path of the great discovery.
 3. When you speak, check to allow only those that are absolutely necessary and are not in any way harmful to your progress.
- H. Never forget the purpose and the goal of your life.

21. **Calling from one's depths**

- A. Calling takes you from the surface ego to the Psychic
- B. Call from the depths of your being
- C. Call silently
- D. Listen to the silence between the words of your calling Mother
- E. Invite Her to come into the inner space.
- F. The word is your call, the silence is HER response to your call.
- G. Act from that point. It is the Psychic.
- H. Thy Will be Done
- I. Thadastu – Let it be so