

# **THE DOUBLE SOUL IN MAN**

**The Life Divine - Chapter 23**

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# CAUSALITY

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- ◇ Physical laws of Matter
- ◇ Vital laws of Nature
- ◇ Psychological attitudes
- ◇ Social evolution
- ◇ Laws of Life
- ◇ Spiritual evolution

# ASCENT TO DELIGHT

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- ◇ World is a mask of Sachchidananda
- ◇ Delight is the cause, motive & object for creation
- ◇ The secret of all is a hidden delight in things

# FOUR STATUSES OF LIFE

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1. **Material** – submerged consciousness, mechanical force
2. **Vital** – partially emerging consciousness, subconscious instinct
3. **Mental** – conscious mind seeking knowledge, growth, mastery & love
4. **Supramental** – Divine Life

# FOUR-FOLD PRINCIPLE OF CREATION

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Sachchidananda	Universe
Supermind	Mind
Conscious-Force	Life
Existence	Matter
Ananda	Psychic Being

# SURFACE & SUBLIMINAL

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Surface	Subliminal
Mind	Mental Being
Life	Vital Being
Body	Subtle-physical Being
Desire Soul	Psychic Being

# Central Being (Jivatma)

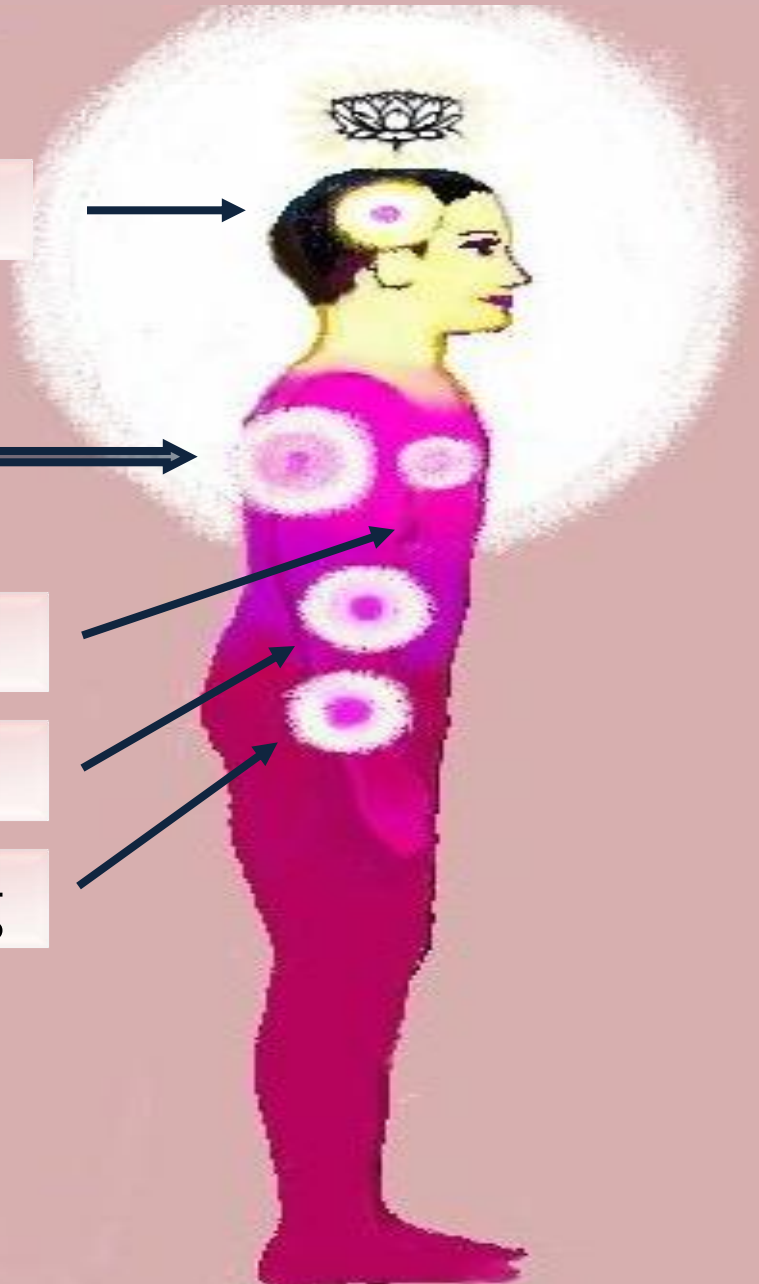
**PSYCHIC  
BEING**

**Mental being**

**Heart Centre**

**Vital being**

**Physical being**



# PSYCHIC

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- ◇ True soul in the subliminal
- ◇ Representative and deputy of the Self or Jivatman
- ◇ Develops from life to life
- ◇ Puts forth mental, vital, physical being
- ◇ Flowers as saint, sage, seer
- ◇ Missioned to lead us toward Divine Consciousness
- ◇ Points toward Truth, Good, Beauty, Love, Harmony



# PSYCHIC EXPERIENCES COSMIC DELIGHT

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- ◇ Responds to the *RASA* or essence in experience
- ◇ Takes equal delight in all contacts & experiences
- ◇ It is always in Harmony

# EXPERIENCE OF DESIRE SOUL

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- ◇ Desire soul misrepresents the *rasa* as dualities
  - \* Pleasure
  - \* Pain
  - \* Indifference
- ◇ Triple response to experience is not inevitable
- ◇ Pain & pleasure are both intense forms of energy

# MAN'S VIEW DECIDES GOD'S ACTS

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- ◆ Overcoming egoistic response of dualities is the key to discovering the psychic & universal delight
- ◆ Real soul can replace pleasure & pain by personal-impersonal delight
- ◆ Ego shrinks from impersonality

# SUFFERING

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- ◇ Suffering is the effect of wrong thought
- ◇ Being out of harmony with oneself
- ◇ The sole use of suffering is to purify
- ◇ Suffering is a measure of imperfection
- ◇ Man is attracted to suffering, enjoys it
- ◇ “Thought creates its own suffering”
- ◇ Greatest progress is through cheerful equanimity

# EGO

# &

# PSYCHIC

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## Falsehood

- \* Division
- \* Disharmony & Discord
- \* Disorder
- \* Unconsciousness
- \* Restlessness
- \* Doubt & Skepticism
- \* Sorrow
- \* Selfish
- \* Narrowness
- \* Inertia
- \* Discouragement
- \* Despair

## Truth

- \* Union
- \* Harmony
- \* Order
- \* Consciousness
- \* Patience
- \* Faith
- \* Joy
- \* Self-giving
- \* Wideness
- \* Unity
- \* Ascending growth
- \* Cheerfulness

# CONVERT PROBLEMS INTO OPPORTUNITIES

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- ◇ Problems are the form intensity takes when consciousness is lower than the opportunity
- ◇ Raise the consciousness to convert problem into opportunity

# CONVERT PAIN INTO RASA

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- ◇ Extract knowledge from experience
- ◇ See where the problem touches our ego
- ◇ Reject the ego's point of view
- ◇ Change the attitude
- ◇ Be sincere at the inner point which reconciles with outer life
- ◇ Call Mother

# PATIENCE

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- ◇ Patience is the capacity to wait
- ◇ Patience is the capacity to understand
- ◇ Patience is understanding of the process in time
- ◇ Patience abridges time
- ◇ Patience – Equality – Infinity – Spirit -- Absolute



# PSYCHIC TRANSFORMATION

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- ◇ Psychic Being is unveiled in the subliminal
- ◇ Individual soul in Nature opening to hidden diviner ranges
- ◇ Mind, vital and physical come under psychic influence
- ◇ Surface parts turn toward Truth, Good, Beauty, Purity, Bliss
- ◇ Psychic can withdraw from life, but that is not its mission
- ◇ Psychic came into Nature to lead it to its Divine realization

# SPIRITUAL TRANSFORMATION

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- ◇ Possession of our self in universality and transcendence
- ◇ Achievement of the Spiritual Mind in man
- ◇ Mind affirms one aspect of Spirit and plunges into it exclusively as sole Truth of existence

# SUPRAMENTAL TRANSFORMATION

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- ❖ Supermind is the link between the higher and lower hemispheres
- ❖ Supramental transformation completes and integralizes the psychic and spiritual transformation
- ❖ Supermind establishes perfect harmony between spirit status and world dynamism
- ❖ Psychic being unites with the original Delight of Existence from which it came
- ❖ Psychic overcomes dualities and recasts contacts of existence into terms of Divine Ananda

# FRESHNESS IS ENERGY OF FREEDOM

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- ◇ Seeking comfort, satisfaction, self-importance are ego movements
- ◇ Freshness is to act from the Psychic – not from habit, manners, character or conditioning
- ◇ Freshness is the characteristic of the Psychic

# PSYCHIC EDUCATION

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- ◇ Abstain from all mental opinion and reaction.
- ◇ Don't seek comfort, satisfaction, enjoyment or happiness.
- ◇ Take pleasure in all you do. Don't seek pleasure.
- ◇ Remain perfectly calm in the face of all circumstances.
- ◇ Never take physical happenings at their face value.
- ◇ Never complain of the behavior of anyone.
- ◇ Consecrate before you eat.
- ◇ Consecrate before you sleep.
- ◇ Consecrate before you speak.
- ◇ Consecrate before you act.

**Never forget the purpose and the goal of your life.**