

1. Principles of the process of evolution – triple character ⁷⁰²

A. We must look at the process by which evolution reached its present mental stage in the ignorance and how it will pass beyond

B. Nature is constant in its general law of action

- The Truth of things is invariable in principle, variable in details of application

C. The evolution is from material Inconscience to spiritual consciousness

- Self-building of Spirit on a base of Matter

D. Triple character of the process

- Foundation -- evolution of forms of Matter more and more subtly organized to admit a more complex and subtle organization of consciousness
- Ascent -- upward evolutionary progress of consciousness from grade to higher grade
 - Both Darcy and Eliza rise to consciousness
 - As they change, their external circumstances change – the form of their lives changes
- Integration– Taking up of the lower into the higher and its transformation to change the working of the whole-being and nature
 - Eliza’s mental rise impacts on her vital attitudes to Wickham
 - Darcy integrates the higher with the lower aspects of Bennet family by saving Lydia
 - Darcy accepts the Cheapside relations and integrates upper with middle class

2. Three Stages of Process ⁷⁰³

A. The end of the process is a radical change of action of Ignorance into Knowledge

- Of inconscience into complete consciousness
- That completeness exists already only in the superconscience
- Darcy could never become a gentleman if he was not that in essence already
- Each step in the story traces a step in the progression

B. Each ascent will bring a partial change of the old nature into a new principle

- Darcy’s progressive awakening from tolerable to fine eyes to Netherfield and Hunsford

C. Inconscience into partial conscience, Ignorance seeking knowledge and mastery, changes into knowledge of a true consciousness of the Spirit

D. Three stages of the Journey

- **Inconscience -- Involuntary foundation**
 - Alternative is an original foundation
 - Otherwise material inconscient inanimate Energy would be the creator
- **Ignorance** -- Emergence and action of involved powers in ascending series
- **Knowledge** -- Emergence of highest power as agent of a supreme manifestation and liberation of spirit

3. Mutual interaction of substance and evolving powers ⁷⁰⁴

- A. Evolution is of powers already involved
- B. Emerging powers are modified by the nature and law of the basic substance
- C. Emerging powers modify the basic substance by its own nature and law
- D. Descent – emerging power is aided by descent of the principle from above the field of evolution pressing down
 - Aspiration from below and Grace from Above
 - Mrs. Bennet's aspiration is the ascent
 - French Revolution is the descent

4. Evolution of Mind & Life in Matter

- A. Emerging Mind and Life are limited and modified by law of material Nature

B. Matter limits the expression of Life

- Material life is mortal – death-bound
- Material life acts in and through physical body
 - Cannot act at a distance
 - Life is capable of acting at a distance
 - Belief only if I speak it, ask for it, or do it things can't happen
 - We believe in initiative not non-complaining
 - Mrs. Bennet's vital aspiration that brings the opportunities and its her physical initiatives that cancel them
 - Her aspirations are fulfilled when she is confined to bed for a month
 - Caroline's constant initiatives have opposite effects

C. Matter limits the expression of Mind

- Mind is rooted in inconscience, limited by ignorance
- As life cannot act at distance, mind cannot know at a distance

- Mind is limited by the senses and physical energy
- Physical mind believes what it sees
- Mind is moved by unconscious life-forces
- The unrealized does not exist for it -- Charlotte
- Mind reliance on what is physical true now
 - Darcy is sure she will never accept him a second time
 - Eliza is sure she will never see Darcy again

D. Life elevates and integrates Matter

- Life makes Matter mobile
- Matter does not grow, living matter grows
- Living matter is able to reproduce itself
- Living matter can consume, assimilate other substance
- Life can organize Matter at higher level to create new substance -- living tissue

E. Mind elevates Matter & Life

- Mind converts inconscient matter into living matter
- Mind expresses as the physical organization of the human brain
- Mind enables Matter to sense and know
- Mind directs material energy as force – technology
- Matter creates new forms and new property of material substance – glass, plastics, ceramics
- Mental consciousness acts on Matter
 - Water crystals respond to consciousness
- Mind imposes organization on Matter
 - Silicon Chip

- Mind over Matter – Morris Goodman

F. Mind elevates Life

- Rice responds to human emotion
- Action of music on plants
- Cactus loses its spines
- Human contact domesticates animals
 - horse, seeing eye dog

- Mind can delay aging and death not eliminate it
- Mind can sublimation of vital desires

G. Neither Mind nor Life are the original creative or evolutionary Power

5. **Original Creative Power is Supramental Consciousness-Force** ⁷⁰⁵

A. Original and ultimate Power is not inconscient material Energy

- Otherwise Life and Mind could never have evolved from it

B. Mind and Life are only instrumental partial powers, since they are subject to Matter

- Their action on Matter is limited

C. Original power is a Supramental Consciousness-Force

- It is a power of supreme essence – Spirit
- It acts through Life by a secret indwelling light and force of Supermind
- Invisible self-knowledge and all-knowledge

D. Only evolution of Supermind has the power for entire transformation of Inconscience and Ignorance

- Change the mental into supramental being
- Make the inconscience conscious in us
- Spiritualize material substance
- Impose a law of gnostic consciousness
- Darcy can change himself to a limited extent, not to the extent of making her love him as he loves her – only Jane Austen can

6. **Limited progressive emergence of Mind in Matter** ⁷⁰⁶

A. Evolution proceeds by an awakening of involved consciousness and force inform and activity of material substance

B. It proceeds from grade to grade, power to power

C. Its action is a balance between the material organization and its own power

D. Mind cannot emerge pure and free in Matter

- It is clouded and diminished by enveloping nescience
 - We forget
- Mind labors to deliver knowledge out of nescience
- It emerges gradually in plant, animal and mental man

- Even Eliza acquires full mental knowledge of Wickham, she cannot fully give him up vitally
- Eliza does not have the power to transform him
- Psychologists say you cannot change your character
- Even Gods cannot abolish karma
- Only supramental has power to transform subconscious and inconscient

E. It is destined to evolve fully awakened Supermind

7. Gradations of evolving consciousness⁷⁰⁶⁻⁷

A. Material forms and forces

B. Vegetable life

C. Animal and half-animal man

D. Developed human beings

E. More evolved spiritual beings

F. The evolution is continuous, no rigid separation between levels

G. Each successive level takes up and includes the former levels

H. Furrows between the levels to prevent a fall back

I. Mental being is a transitional stage, not a final summit

J. The past was a slow, unconscious evolution

K. The present mental evolution is slowly becoming conscious

L. The future will be more conscious evolution of spiritual being

8. Gaps and missing links in evolution⁷⁰⁸⁻⁹

A. Science studies the process of form-building

- There are missing links in the process

B. We study the progressive evolution of Consciousness

- The gaps appear enormous but there is minute gradation in consciousness

C. There is a radical difference between grades

9. Gradations of evolving consciousness⁷⁰⁹⁻¹⁰

A. There is a rise in consciousness from matter to plant to animal

B. Minerals: The metal is fixed in the inconscient and inanimate principle of matter

- Life reaction in metal
- C. Plants: Submental sense-vibration in plants
- D. Animals:
- Man and the animal are both mentally conscious beings
 - The animal is fixed in vital mind and mind-sense and cannot exceed its limitations
 - Awakened sense-mind, emotion and practical intelligence in animals
- E. Man: Human intellect
- Capable of reflection, ideas, conscious invention, religious and ethical thought, feeling
 - Man has intellect, which is a reflection and a degradation of the Supermind
- F. Radical differences is due to working of the inner force not the outer evolution of form
- G. Gaps: This stride from one principle of being to another creates the transitions, the furrows, the sharp lines of distance

10. Ascent supported by Descent ⁷¹¹

- A. This ascent does not abandon the lower grades
- B. Ascent is followed by descent
- Two things are needed – aspiration and grace (The Mother)
 - Two complementary ends of the movement
 - Involved spirit is evolving from two stages of involution – superconscient and inconscient
 - The response comes from both ends -- Darcy and Elizabeth
- C. The lower has to raised so that the higher can manifest in it
- Eliza does not give up her whole inheritance, but she rises far enough to express something higher and become acceptable to Darcy
- D. A pressure of the new power from above may assist a rapid and decisive transition by a bound or a series of bounds
- Darcy proposal and seeing Pemberley
 - The pressure is possibility created by the French Revolution
 - This is the role of education e.g. IAS

- E. Opportunity from above comes to us as challenges when we are not conscious, e.g. Grace comes in the form of a problem

11. Involved consciousness in matter and plant ⁷¹¹⁻¹²

- A. **Governing consciousness** -- Life, mind and Supermind are present and at work in the atom but subconscious.
- The Universal Inhabitant – awake in the sleeper
- B. **Outer form existence** -- The outer form is lost in the physical action and oblivious of what the governing consciousness is doing
- The electron and atom are eternal somnambulists
- C. **Plant** – outer form consciousness is in state of sleep with nervous dreams, but never waking
- Intensified force of concealed consciousness manifests as vitality, life force
 - Plant is vitally responsive though not mentally aware
- D. Rising to a higher level imposes on the existing activities of the lower levels a new sets experiences and values
- Plant turns contacts into life values which Matter cannot do – converts sun for photosynthesis

12. Conscious life in the animal ⁷¹²

- A. The transition to the mind and sense appear in the animal
- B. Animal is mentally aware of its own existence and of others
- C. It puts forth and receives a higher range of contacts
- Language
 - Collaboration
 - Threat
 - Play
- D. It sense body, life and also mind
- E. It has conscious sensations, memories, impulses, emotions, mental associations, feeling, thought and will
- Conscious sensations, memories, impulses, volition, emotions
 - Dog recognizes owners voice

- Elephant can detect land mines
- F. It has practical intelligence -- capable of cunning, strategy, planning, invention and adaptation
 - Dog buries a bone
 - Lion hides from its prey
- G. The animal prepares human intelligence

13. Conscious man – 3 characteristics of ascent at each level ⁷¹³

- A. In man, the conscious mentality enlarges its wakefulness
- B. First, there is a **heightening** of the force of conscious existence
 - Transition from vital mind to thinking mind
 - What is the purpose of life?
 - Am I a good person?
 - Why did that thing happen?
 - A higher power of observation and invention
 - Darcy observes the light in her eyes
 - Wickham invents lies
 - Imagination and aesthetic creation
 - Eliza images she is mistress of Pemberley
 - No longer merely capable of reacting to stimuli
 - Co-ordinating and interpreting reason
 - Eliza analyzes Darcy's letter and Wickham's behavior
 - Self-detaching intelligence
 - Eliza analyzes her own character
 - Mr. Bennet reflects on his mistakes
- C. Second, widening of the range of consciousness in space and time
 - Man's consciousness widens beyond the moment and beyond proximity
 - It embraces past and future
 - From local to global
 - Mrs. Bennet aspires to marry five daughters
 - Revolution of rising aspirations
- D. Third, mind takes up lower grade and gives it intelligent values to their actions and reactions

- Animal lacks the formed ideative and reflective faculty
 - Man takes up sense and bodily function and gives them mental values – health, nutrition,
 - Feeding acquires social and psychological significance
 - Clothes are not merely for warmth – fashion, status, respect
 - Darcy as a good man and a ‘gentleman’
 - Mr. Bennet’s determination to repay Gardner – honesty, honor
- E. The awaking consciousness in the animal is the unskilled primitive artisan of mind, in man it is the skilled craftsman and can become the master and adept

14. Two particularities of human mental stage – DOWNWARD GAZE ⁷¹⁴

- A. The highest developed stage today is the human
- B. First, Taking up of lower parts of life by Downward Gaze
- C. Turning down of the higher power of knowledge and will of secret evolving spirit or universal Being in the individual from the height it has reached to all below it and raise it up
- D. Twin power of knowledge and will
 - Eliza’s mental self-reflection on her family, Darcy, Wickham and herself at Hunsford
 - Darcy tries to improve himself to please Eliza
- E. He does this for delight of existence and to include the lower also
- F. He accepts the lower on the condition that the lower admit the higher values
- G. True meaning of ethics, discipline to tame and purify and prepare the vital-physical-mental instruments
 - To transform them into higher mental and supramental harmony
- H. Ascent is the first necessity
- I. Integration is an accompanying intention of the spirit in Nature

15. Downward gaze subtilizes and refines the lower ⁷¹⁵

- A. Each new level of ascent experiences a greater intensity
 - The plant-soul takes a nervous-material intensity

- B. Each ascent refines, subtilizes and elevates the intensity and acquires a control over it
 - Plant-soul views physical existence from perspective of life – survival, growth, nutrients
 - Animal views life seeking intense sense-values, emotions, satisfaction of desires and pleasure
- C. Man sensitively mentalizes the lower experiences – acquires more knowledge out of them, less of force
 - Seeking intellectual, aesthetic, moral, spiritual, mental and practical values in experience
 - Mr. Bennet is amused by Collins' behavior
 - Mrs. Bennet enjoys triumph over Lady Lucas
 - Eliza enjoys laughing at Darcy and Caroline
 - Eliza has same impulses as Lydia but she controls them and expresses them with more refinement
 - Human controls animal desires and fear
 - Music rises in refinement and lower in intensity than lower music
 - Watching the movie (more intense) vs reading the book (more reflective)
- D. Man does not abandon the animal reactions and enjoyments, but more finely and sensitively mentalises them
 - He transforms them preparing for a spiritual life beyond

16. Upward & Inward Turn of Consciousness ⁷¹⁵

- A. Animal is satisfied where it is – not consciously seeking to rise
- B. Man is capable of conscious choice to improve
- C. He turns gaze upward towards what is above him and inward towards what is occult within him
 - Mrs. Bennet's aspiration
 - Darcy's self-improvement
 - Eliza seeks love not merely marriage
 - Mr. Bennet instead of celebrating Lydia's marriage tries to change himself
- D. Man's double nature (as expression of Sachchidananda)

- Not entirely driven by Prakriti, slave of executive Force
 - Also a conscious developing soul or Purusha seeking mastery
- E. Too involved in Nature for spirit to be fully free and master
- F. He feels the spirit within him aspiring for greater heights
- Ayala's angel
- G. Man's nature seeks self-transcendence by conscious evolution
- The individual but also the human race seeks it
- H. It is a compulsion of evolutionary Nature

17. 3 Levels of Mind: Physical Mental ⁷¹⁷

- A. In mind itself there are grades of the series
- Each plane is a series of sub-planes
 - Ascending stairway of mental consciousness and mental being
- B. The lowest level is the **physical mental plane**
- It depends for evidence of fact and sense of reality on the physical brain, sense organs and sense-mind
 - Attaches more importance to objective things, and outer life – money, property, status, society,
 - Mr. Hurst
 - I'll believe it when I see it
 - Charlotte's view of marriage – settling
 - Collins tells Lizzy – you may never get another offer
 - Little importance to subjective, inner existence
- C. Vital part of physical man
- Mainly sensations, desires, hopes, feelings, satisfactions dependent on external things
 - Caroline's self-importance – looking down on Bennets'
 - Collins sense of Lady Catherine – chimneys, windows, stairway
 - Darcy's pride
- D. Mental part of physical man
- Customary, traditional, practical, objective, and respects things for their **physical utility**

- Mind used to support comfort, use, satisfaction and entertainment of his physical and sensational existence
 - Mrs. Bennet's cleverness – sending Jane on horseback
 - Mental elements are not fully real or valued
 - Darcy's admiration for Eliza is baffling to Caroline
 - No one understands Mr. Bennet's sense of honor
- E. This is our first mental status
- Gives first importance to external existence
 - Creates a secure foundation for life in Matter
 - This formation has power only for a material progress
- F. This is lowest rung of the human evolutionary ladder
- G. Mental being cannot remain there always

18. Vital Mental ⁷¹⁸⁻¹⁹

- A. Above physical mind is an intelligence of the life-mind
- Dynamic, vital, nervous
 - Capable of a first, vague formation of the life-soul (not psychic)
 - Obscurely open to the psychic -- a frontal formation of the vital Purusha
- B. The vital mentality concretely senses and contacts the things of the life-world
- Attaches importance to the satisfaction and fulfillment of the vital nature
 - Looks on physical existence as a field for the life-impulses' self-fulfillment
 - The play of ambition, power, strong character, love, passion and adventure
 - Field for life-experiment and new life-experience
 - Lydia thinks of excitement of elopement, not security
- C. This vital-mentality is supported by our secret subliminal vital being
- In veiled contact with a life-world
 - Can feel unseen dynamic forces behind the material universe
 - Inner vital mind does not need for its perceptions the evidence of the physical senses
 - Direct perception of emotions
- D. Vital man is man of desire, sensation, force, action, passion, emotion, dynamism
- Entrepreneur -- Sir Roger, Sears

- Ambitious politician – KK, Jaya, Hitler
- E. Nature's first impetus toward enlargement of being
- Breaker of bonds – revolutionary
 - Seeker of new horizons – pioneer, adventurer
- F. Mental life of vital man is often enslaved to desires & passions
- It seeks to satisfy them through the mind
- G. He can become the mental adventurer
- Opening way to new ideas and mind formations – Marx
 - Artist, poet, prophet, champion of a cause – Gandhi, Steve Jobs
- H. The vital mind is kinetic -- a great force in the working of evolutionary Nature

19. Mind Plane ⁷¹⁹

- A. Above is a mind-plane of pure thought and intelligence
- Things of the mental world are the most important realities
 - Philosopher, thinker, scientist, intellectual creator, the man of the idea, the man of the written or spoken word, the idealist and dreamer are highest attained summit
- B. Mental man's vital and physical existence are controlled and subjected by the thinking will and intelligence
- They can also weigh him down
- C. The mental man cannot transform his nature, but he can control and harmonise it and impose the law of a mental ideal
- Darcy's confidentiality
 - Mr. Bennet's honor
 - Dr. Thorne's integrity

20. Highest Mental Stage ⁷²⁰

- A. The subliminal mind is behind the mind of pure intelligence
- It senses directly all the things of the mind plane
 - Is open to the action of a world of mental forces
 - Can feel action of ideative influences we cannot directly experience
 - These intangibles are real truths to mental man

- They demand to be realized in earth nature – freedom
- B. To live in mind plane is to be an intelligence, rather than a life and body
 - We can consciously live in inner mind planes as in the body
 - Our highest position short of spirituality
- C. Mental man – thinker, sage – self-formative, self-dominating mind
 - Can be more powerful than vital man
 - Rarest and highest normal summit of Nature’s evolutionary formation
- D. The physical, vital and mental mind are the steps of Nature’s evolution of mental being towards its self-exceeding
 - There are most often mixed in composition
 - They appear to ordinary intelligence as psychological types
 - To go farther, the spirit has to be brought into the mind and made active in mind, life and body

21. Double Opening beyond mental man ⁷²⁰⁻¹

- A. Double Opening -- to go beyond the mind, man has to
 - go inwards and bring out the secret soul, the psyche, or
 - ascend into planes of spiritual mind in direct contact with the infinite (Sachchidananda)
- B. Soul, inner mind and vital behind surface mind can open to the occult spirit
 - Secret of a new evolution
 - Breaking lids and walls and boundaries of consciousness
- C. Rising to greater ascent and larger integration
- D. Spiritualizing all the powers of our nature
- E. The spiritual man is Nature’s supreme supernormal effort of human creation
 - Calling the inner soul, mind and heart in front
 - Calling down spiritual mind, higher mind, Overmind
 - Create the spiritual sage, mystic, prophet, yogi,

22. True self-exceeding ⁷²¹

- A. This is only true way for man’s self-exceeding

- Impossible to go higher as long as we live in the surface or are based wholly on Matter
- Vain to expect any radical evolutionary transition

B. The vital and mental man

- Has had immense effect on earth-life
- Carried humanity from mere human animal to what it is now
- Acts only within the bounds of the already established evolutionary formula of the human being
- Can only enlarge the circle
- Cannot change or transform the principle of consciousness or its characteristic operation

C. True self-exceeding is possible

- if we can live in the inner being and make it direct ruler of life or
- station ourselves on the spiritual and intuitive planes of being and transmute our nature by their power

23. New stage in evolution ⁷²²

A. The spiritual man is the sign of this new Nature's evolution

B. It differs from the past process in **two ways**:

- it is conducted by a conscious effort of the human mind,
- it is not confined to a conscious progression of the surface nature

C. Evolution until now has been by enlarging the bounds of surface Knowledge-Ignorance

- It attempted to abolish Ignorance
- extending ourselves inward
- extending outward into cosmic being
- extending upward towards a higher principle

D. The mental stage of evolutionary Nature attempted

- To go inwards and discover the soul
- To become united in consciousness with God and with all existence
- This is the final aim of mental stage

- Initial step toward radical transmutation of Ignorance into Knowledge
- E. The spiritual change begins by an influence of the inner being and the higher spiritual mind
- It is a first approach of mind to spirit on the surface
 - It cannot make a radical change
 - It can only lead to illumined mental idealism, religious mind, some devotion in heart and piety in conduct
 - More is needed
- F. We have to live deeper within
- G. We have to exceed our present consciousness and Nature

24. Evolutionary possibility for unfolding Spirit in Nature ⁷²²

- A. Spirit can create a higher type of being in Nature
- B. There could be a
- Heightening of our force of conscious being
 - Widening of our consciousness and life, and
 - Transformation of the lower grades is possible
- C. This is possible if we can
- Live deeper within
 - Put inner forces into the outer instrumentation
 - Rise to dwell on higher and wider levels
 - Bring down higher powers on physical existence
- D. Each step could mean a leading to a larger and more divine being, consciousness-force, and delight of existence
- E. There could be an initial unfolding towards the divine life
- F. All religion, occult knowledge, supernormal psychological experience, Yoga, psychic experience and discipline are signposts and directions pointing us towards the occult self-unfolding spirit.

25. Entire race must advance – weigh of the physical ⁷²³

- A. Man is still restricted by the physical, obeys the pull of matter, is dominated by the brain-mind and the physical intelligence

- B. So he hesitates or falls back before the demand of the spiritual effort
- C. It has a great capacity for skeptical folly, indolence, intellectual and spiritual timidity and conservatism
- D. It doubts in spite of the constant evidence of life that – **where it chooses to conquer it can conquer**
 - Witness miracle of physical Science – an inferior power
- E. It repels the new call and leaves the response to a few individuals
- F. That is not enough if the step forward is to be for humanity
- G. Only if the entire race advances that the victories of the Spirit can be secure
 - The result is stored in conscious mind of humanity
 - Then even if there is a lapse of Nature, the secret memory can pull us upward again
 - Who knows what victories were achieved in past cycles?
- H. A general admission of the ideal, conscious concentration and widespread endeavor are needed
 - Not necessary for whole race to transform itself from mental to spiritual beings
- I. Otherwise, a few will initiate a new order of beings
 - Humanity will be passed as unfit and may fall back into decline or stationary immobility
- J. The constant upward effort has kept humanity alive and in front of creation so far

26. Principle of the Process of evolution ⁷²⁴

- A. The principle of the process of evolution is:
 - Foundation
 - Ascent from that foundation and reversal of consciousness
 - Integration -- a new integration of the whole nature from the greater height and wideness
- B. Evolution of unconscious Nature
 - The first foundation is Matter
 - The ascent is that of Nature
 - The integration is unconscious or half-conscious automatic change of Nature by Nature

C. Completely Conscious Participation in Evolution

- There is a change in the functioning of the process
 - The physical foundation of Matter remains
 - Matter can no longer be the foundation of the consciousness
- Foundation – the new spiritual status above or the unveiled soul-status within will become the foundation
 - Consciousness will no longer be a welling from the Inconscient or concealed flow from occult inner subliminal in response to external contacts
 - A flow of knowledge, light, will from above
 - A reception within will determine the reactions of the being to cosmic experience
- Ascent & Reversal -- The whole concentration of the being will be shifted from below upwards and from without inwards
 - Our higher and inner being will become ourselves,
 - The outer surface being will be only an open front through which the true being meets the universe
 - The outer world itself will become inward to the spiritual awareness embraced in unity and identity
 - Consciousness will directly respond to contact of consciousness
- Integration -- the old inconscient foundation will be made conscious
 - By the inflow of light and awareness from above
 - Its depths annexed to the heights of the spirit
- An integral consciousness will become the basis of an entire harmonisation of life through the total transformation, unification, integration of the being and the nature